

ur favorite chili is thick, with meat, beans and the perfect combination of spices. This recipe uses tomatoes, a variety of peppers and beans, and is spiced with our Chili Blend, Cumin Seed Powder, Oregano, Smoked Paprika and a touch of Cayenne - a delicious combination with just the right amount of heat! It is so good, it doesn't even need any toppings (and it is also great as leftovers). Enjoy a bowlful of spicy goodness, and one of our favorite dishes!

INGREDIENTS:

- 2 Tblspns olive oil
- 1 lb ground beef or ground turkey
- 1 red pepper, seeded and diced 2 green peppers, seeded and
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- 2 medium onions, chopped
- 2 Tblspns Garlic Granules
- 2 tsp Chili Blend

- 2 tsp Oregano (dried herb)
- 2 tsp Cumin Seed Powder
- 1 tsp Smoked Paprika
- 1/2 tsp Cayenne Powder
- 1/2 tsp salt
- 1 Tblspn Worcestershire sauce One 28 ounce can crushed
- tomatoes

- Two 15 ounce cans of red kidney beans, rinsed & drained
- One 15 ounce can (fat free) refried beans
- 1 cup chunky mild salsa
- One 4 ounce can diced green chilies
- One 4 ounce can sliced jalapeno peppers, drained

DIRECTIONS: In large, heavy skillet, heat the oil and then add the meat, cook it, and break it into crumbles. Brown the meat until almost no longer pink and then add the onions, Garlic Granules, peppers, and all other spices. Cook, stirring as needed, until the meat is done and the vegetables are softened. Add the Worcestershire sauce, tomatoes, beans, refried beans, salsa, chilies, jalapenos and salt. Stir to blend and bring the mixture to a boil. Reduce the heat to low and simmer covered (stir as needed), for about 40 minutes. Serve hot in bowls with crackers, tortilla chips, or over rice. Top with shredded cheese, diced onions or sour cream, if desired.

CRYSTALLIZED GINGER, Ginger Powder, True Cinnamon, Clove Powder



This is an updated version for one of our favorite falltime treats. This delicious and moist ginger-bread is a wonderful combination of gingerbread spices and pumpkin. The pumpkin helps makes it moist, and the spices used - Gingerbread Spice & Clove Powder- are just the right flavors for a perfect gingerbread. Don't forget to add the Crystallized Ginger in the crumble topping- it really gives it a great extra ginger punch.

Ingredients For The Gingerbread:

- 1 1/2 cup all purpose flour / 1 tsp baking soda
- 1/2 tsp salt / 1/2 tsp Clove Powder
- 1 Tblspn Gingerbread Spice
- 1/2 cup melted butter (cooled)
- 1 tsp Vanilla Extract
- 1 cup pumpkin puree (canned pumpkin)
- 2 eggs \ 1/2 cup light brown sugar
- 1/2 cup molasses

Ingredients and Directions For Ginger Crumble Topping:

- Mix together the following until it is a crumbly consistency:
- 1/4 cup packed light brown sugar
- 1/4 cup all purpose flour
- 2 Tblspns Crystallized Ginger
- 1 tsp Gingerbread Spice
- 2 Tblspns butter (cold)

Directions For The Gingerbread:

Preheat oven to 350 degrees and spray (with cooking spray) the insides of a 9x9 inch baking pan. Mix together the flour, salt, baking soda, Gingerbread Spice, and Clove Powder. In a separate bowl, mix together the pumpkin, butter, sugar, molasses, eggs, and vanilla. Add the wet mixture to the dry mixture and blend until smooth. Pour the batter into the prepared pan. Sprinkle the Ginger Crumble Topping over the top of the batter. Bake the Gingerbread in the preheated oven for about 40 minutes. or until a knife inserted into the center of the bread comes out clean.